Name: Quang Huynh Health

**Online Safety**

Directions – Use the website [www.kidshealth.org](http://www.kidshealth.org) to answer the questions. Click on **TEENS** and then click on **ONLINE SAFETY**. Answer in complete sentences

1. **How does your mood affect your safety online?**

Mood affects your safety online in many ways. If you’re not in a good mood, you might do some questionable and make bad decisions.

1. **List five things that you should never post online. Why should you keep these things private?**

Five things you should not post online is your social security number, phone number, full name, current location and password. You should keep these things private because people on the internet might use your information in a bad way.

1. **What is important to consider when creating an email or a screen name?**

Something important to consider when making an email or screenname is to use letters and numbers that don’t identify if you’re a male or a female.

1. **What should you do if you ever feel uncomfortable when interacting with someone online?**

If you ever feel uncomfortable when interacting with someone online, exit and tell a parent or other adult so they can report it.

1. **List three things that you should do if you are the victim of cyberbullying.**

Three things that you should do if you’re the victim of cyberbullying is ignore them, block them and report them.

1. **Why is it so important to keep your devices secure?**

It is so important to keep your devices secure since it can expose your personal information if you don’t.

Directions – Click on **TEENS** and then click on **PROTECTING YOUR ONLINE** **REPUTATION**. List and explain the things that you should do to protect your online identity.

1. **Mark your profiles as private** – People can go on your profile and grab information if it is on public.

2. **Remember that nothing is temporary online** – Information will still be on the internet even if you delete it.

3. **Check yourself** - Type your name online and see if you pop on search results to see how others perceive your online identity.

4. **Don’t share your password and change it often** – Pick secure passwords and change them frequently. Do not share them with anybody.

5. **Don’t post inappropriate or sexually provocative pictures or comments** – Don’t post photos will you regret later online.

6. **Don’t respond to inappropriate requests** – They can be strange requests and can negatively impact your future.

7. **Respect copyright** – Make sure you do not do anything illegal online.

8. **Take a breather to avoid “flaming”** – Calm down before going back on the internet.

9. **Take it offline** – Think before you post and be responsible so you don’t leave an online identity trail you regret.